



Absence of Germline *BRCA1* c.68_69delAG and c.5266dupC Mutations among Hormone Receptor-negative Breast Cancer Patients: A First Impression at a Tertiary Cancer-care Facility in Tanzania

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Abstract

The germline *BRCA1* c.68_69delAG (185delAG) and c.5266dupC (5382insC) mutations are associated with hormone receptor-negative breast cancer (BC). Limited studies have examined their contribution to alarming BC incidence in Sub Saharan Africa (SSA). Our study aimed to examine the contribution of germline *BRCA1* c.68_69delAG and c.5266dupC mutations to BC incidence among hormone receptor-negative BC patients admitted to Ocean Road Cancer Institute in Tanzania. Face-to-face interviews were conducted to capture socio-demographic characteristics, anthropometric measurements, family history of cancer and reproductive information from each patient. Their histopathological data were extracted from the hospital medical records. The germline *BRCA1* founder mutations were analyzed on blood samples using Sanger sequencing technology. The patients mean age at diagnosis was 47.05 ± 12.82 years. A family history of cancer was observed in 13.6% of patients. The germline *BRCA1* c.68_69delAG and c.5266dupC mutations were not detected in the study group. Our findings indicate that the germline *BRCA1* c.68_69delAG and c.5266dupC mutations do not contribute to BC manifestation in hormone receptor-negative BC patients in Tanzania. Thus, screening BC patients for these mutations has no clinical relevance. Our data further suggest that the c.68_69delAG and the c.5266dupC mutations should not be considered when developing genetic testing guidelines in Tanzania.

Keywords: Breast cancer, germline *BRCA1* mutation, c.68_69delAG (185delAG), c.5266dupC (5382insC), Tanzania.

Introduction

Breast cancer (BC) is the most commonly diagnosed (24.5%) and the leading cause of mortality (15.5%) among women worldwide (Sung et al. 2021). Recently, developing countries, including Sub Saharan Africa (SSA), recorded rapidly increasing BC incidences accompanied by higher mortality of about 17% compared to developed countries (Sung et al. 2021). In Tanzania, the incidence rate of BC has rapidly increased over the past two decades. It is estimated that by 2030, the rate will exceed 80% (Komen 2017). Currently, BC is ranked as the second most cause of cancer deaths among women after cervical cancer in Tanzania (Komen 2017, Sung et al. 2021).

The etiology of BC is still unclear, however, several risk factors ranging from genetic, hormonal, and environmental factors have been described (Nickels et al. 2013, Anyigba et al. 2021). About 5–10% of BC cases are attributed to genetic predisposition, resulting from germline mutations in one or multiple genes, including *BRCA1*, *BRCA2*, *TP53*, *PTEN*, *CHEK2*, *PALB2*, *BARD1*, *ATM*, and *RAD51* (Shin et al. 2020). Germline mutations in *BRCA1* and *BRCA2*, the two major high-penetrance cancer susceptibility genes, indicate an increased lifetime risk of BC and ovarian cancer (OC). Women harboring deleterious mutations in these two genes have up to 85% BC risks and up to 60% OC risks (Pogoda et al. 2020). Primarily, *BRCA1* and *BRCA2* are involved in genome integrity maintenance through mediating double-strand break DNA repair via homologous recombination. Also, these genes are involved in several cellular processes such as regulation of apoptosis, cell cycle progression, and transcription (Miki et al. 1994, Wooster et al. 1995).

The *BRCA1* (OMIM# 113705) located on chromosome 17q21.31 was initially described in the early 1990s by linkage analysis and later by positional cloning as a cancer susceptibility gene (Hall et al. 1990, Miki et al. 1994). This gene consists of 24 exons, of which 22 exons code for a 220 kDa functional protein of 1863 amino acids (Chen et al. 1996). Several studies across the globe

describe an array of loss of function germline mutations in the *BRCA1*. The common germline mutations within this gene are the c.68_69delAG (185delAG) located in exon 2 and the c.5266dupC (5382insC) located in exon 20. The two germline mutations were first described as founder mutations in Ashkenazi Jews (Roa et al. 1996), though they are also reported in other ethnic groups in Europe (Hartwig et al. 2013, Pogoda et al. 2020), Asia (Chakraborty et al. 2013), America (Ewald et al. 2011, Rummel et al. 2017), and Northern Africa (Abdel-Mohsen et al. 2016, Abou-El-Naga et al. 2018, Mahfoudh et al. 2019). Individuals harboring these mutations are at elevated risks of BC, OC, prostate cancer, and other cancers (Barrios et al. 2017).

The c.68_69delAG is described as among the two Ashkenazi *BRCA1* founder mutations. This is a frameshift mutation that involves deletion of adenine and guanine at position 185 of exon 2 resulting to the creation of a stop codon, hence a premature termination of translation and truncated protein occurs (Hartwig et al. 2013). The c.5266dupC, being the second *BRCA1* Ashkenazi founder mutation, is also a frameshift mutation in which there is an insertion of a cytosine at position 5382 of exon 20, resulting in the production of premature truncated non-functioning protein (Mogahed et al. 2020).

The hormone receptor-negative BC accounts for up to 50% of BCs in Tanzania (Burson et al. 2010, Mwakigonja et al. 2017). This group includes the triple-negative and the HER-2 enriched subtypes which are characterized by rapid growth, poor prognosis, and are known to be highly aggressive subtypes (Eng et al. 2014). The hormone receptor-negative group lacks expressions of the estrogen receptor (ER) and the progesterone receptor (PR), the molecules that dictate hormonal therapy (Waks and Winer 2019). However, this form of BC cannot be treated with targeted drugs commonly used to treat other types of BC, such as tamoxifen and aromatase inhibitors for hormone receptor-positive BC (Waks and Winer 2019). Therefore, ER and PR-negative patients have limited treatments in Tanzania.

It is known that germline mutations in *BRCA1* are common in patients with hormone receptor-negative BC. Although, the mutations causing the progression of those patients have not been fully elucidated (Adedokun et al. 2020). According to studies in Caucasians and Arabs, BC patients harboring either of the c.68_69delAG, the c.5266dupC, or other germline *BRCA1* deleterious mutations are associated with early-onset of the disease, high-grade tumors, estrogen and progesterone hormone receptors-negative subtype (ER- and PR-), and bilaterality (Szwiec et al. 2015, Mahfoudh et al. 2019). Characterization of germline *BRCA1* deleterious mutations is not well established in majority of oncology centers in SSA, despite few studies from South Africa (Francies et al. 2015), Rwanda (Uyisenga et al. 2020) and Burkina Faso (Zoure et al. 2018). Thus, their contribution to alarming BC incidence among indigenous (black) Africans is not clearly known. Therefore, in this study, we applied Sanger sequencing to investigate the contribution of the c.68_69delAG and the c.5266dupC mutations in BC manifestation among 81 BC patients diagnosed with hormone receptor-negative BC in Tanzania. Elucidating the prevalence of these germline *BRCA1* mutations in hormone receptor-negative BC patients is important in establishing affordable, cost-effective genetic counseling and testing, and establishing individualized BC preventive and treatment measures among the indigenous African population.

Materials and Methods

Study population

This cross-sectional descriptive study was conducted at Ocean Road Cancer Institute (ORCI), the only public tertiary cancer-specialized facility in Dar es Salaam, Tanzania. We approached the BC patients referred to the facility for radiation therapy, endocrine therapy, immune therapy, and palliative care between September 2019 and May 2021. Inclusion criteria based on a patient being indigenous Tanzanian with a complete histopathological report in the hospital records showing the ER and the PR-

negative statuses. Only hormone receptor-negative patients were selected because they comprise the triple-negative and the HER-2 enriched BC subtypes. Patients belonging to these subtypes do not benefit from endocrine therapy, the most available therapeutic option in many oncology centers in SSA. Hormone receptor-positive patients, non-indigenous Tanzanians, other nationalities, and BC patients with incomplete histopathological reports were excluded.

The sample size for prevalence cross-sectional studies given by $n = z^2P(1-P)/d^2$ was used; where; **n** is the minimum sample size required, **z** is the critical value for the given confidence level, **P** is the expected prevalence based on previous studies, and **d** is the margin error (Charan and Biswas 2013). For this study, **z** was 1.96 (based on 95% confidence level), **P** was 0.055 (5.5%), and **d** was 0.05 (5%). These parameters gave the minimum sample size of 80. We included 81 patients who met the inclusion criteria and their clinical data on BC presentation, diagnosis, staging, and others were extracted from patients' hospital records.

Face-to-face interviews were conducted to capture the patient's socio-demographic characteristics, anthropometric measurements, family history of cancer, and reproductive behavior information. Peripheral blood (5 mL) was collected from the antecubital vein of each participant and stored in EDTA-tubes until used for DNA extraction. The study was approved by the Ethics Committee of the Tanzania National Institute for Medical Research (NIMR) permit no. *NIMR/HQ/R.8a/Vol. IX/3255*, and the ORCI Institution Review Board permit no. *10/Vol/XX/16*. We also obtained written informed consent from each of the study participants.

DNA isolation and quantification

The genomic DNA was isolated from peripheral blood leucocytes using the High Pure PCR Template Preparation Kit as per manufacturer's recommendations (ref# 11796828001), Roche life science, Germany. DNA integrity was checked by agarose gel electrophoresis. The quantity and quality were

determined using Nanodrop™ 2000 Spectrophotometer (Thermo Scientific).

Amplification and gel electrophoresis

The *BRCA1* exon 2 and 20 were amplified in a final volume of 50 µL containing: 50 ng genomic DNA, 25 µL OneTaq Quick-load 2X Master Mix with Standard Buffer (NEB), and 1 µL of 10 µM each forward and reverse primer. The primers for the c.68_69delAG in exon 2 and the c.5266dupC in exon 20 mutations were adopted from Chowdhury et al. (2020) and Mahfoudh et al. (2019), respectively, and are given in Table 1. The primers for both exons were designed to anneal within the exon-intron boundaries of both 5' and 3' ends. The targeted DNA segments were amplified by a conventional

polymerase chain reaction (PCR) on a BioRad T100™ Thermal Cycler (Germany). The PCR conditions for exon 2 amplification consisted of an initial denaturation for 5 minutes at 95 °C, followed by 34 cycles of 95 °C for 1 minute, 57 °C for 25 seconds, and 72 °C for 30 seconds; then a final extension at 72 °C for 5 minutes. The thermo-cycling conditions for exon 20 amplification consisted of an initial denaturation for 5 minutes at 95 °C, followed by 34 cycles of 95 °C for 30 seconds, 52 °C for 30 seconds, and 72 °C for 30 seconds; then a final extension at 72 °C for 5 minutes. The PCR amplicons were confirmed by running on ethidium bromide-stained 1.5% agarose gel electrophoresis.

Table 1: The description of primers used for PCR and Sanger sequencing

<i>BRCA1</i> exon (target mutation)	Primer name	Sequence 5'---->3'	Length	Product size (bp)
Exon 2 (c.68_69delAG)	Ex2_F	GGACGTTGTCATTAGTTCCTTTGGT	24	330
	Ex2_R	TCCCTAGTATGTAAGGTCAATTCTG	25	
Exon 20 (c.5266dupC)	Ex20_F	ATATGACGTGTCTGCTCCAC	20	259
	Ex20_R	AGTCTTACAAAATGAAGCGG	20	

DNA purification and sequencing

The PCR amplicons were purified using an ExoSAP-IT™ PCR Product Cleanup Reagent (Applied Biosystems, CA, USA), as per the manufacturer's recommendations. Sequencing reactions were performed bi-directionally using BigDye® Terminator v3.1 Cycle Sequencing Kit (Applied Biosystems, CA, USA) on an ABI 96-capillary 3730xl DNA Analyzer (Applied Biosystems, CA, USA).

Data analysis

In each of the 81 samples analyzed, four-color chromatogram Sanger sequence reads were obtained from both forward and reverse sequencing primers. The sequences were manually inspected then trimmed using DNA Baser Assembler 5.15 and a consensus sequence generated. To identify the c.68_69delAG and the c.5266dupC mutations in *BRCA1* exon 2 and 20, respectively, the generated consensus sequences were aligned to the *BRCA1* reference sequence (NG_005905.2) retrieved from National

Center for Biotechnology Information using MEGA-X v6 software. BC patients' socio-demographic characteristics and clinical-pathological data were analyzed using the IBM Statistical Package of Social Sciences v.25.0 (IBM SPSS, Inc., Chicago, IL, USA). Categorical variables were defined by their absolute frequencies and percentages, whereas quantitative variables were expressed as mean and standard deviation (SD).

Results

A total of 81 BC cases were included in the present study. All patients were indigenous Tanzanians. The mean age of the patients ± SD were 49.32 ± 13.05, while the mean age at BC diagnosis ± SD were 47.05 ± 12.82 years. Only 11 (13.6%) BC patients reported a family history of cancer in their first and second-degree relatives. Five patients (6.2%) had bilateral tumors, 34 (42.0%) had a tumor on the left and 42 (51.9%) on the right breast. Regarding the clinical characteristics of the participants, the majority (76.6%) of them were diagnosed at

late stages (stage III and IV). A large proportion (86.4%) of the patients were diagnosed with invasive ductal carcinoma of no specific type. HER-2 expression was negative in 65.4% and positive in 34.6% of participants (Table 2).

Table 2: Socio-demographic and clinical characteristics of the studied BC patients

Characteristics	Number, n	Percentage, %
Age at diagnosis (Mean ± SD)	47.05 ± 12.82	
	Below 40	16
	40-49	33
	Above 49	32
Occupation	Peasant	42
	Entrepreneur/Business	17
	House wife	18
	Other	4
Marital status	Current married	52
	Never married	8
	Previous married	21
Zone of origin	Central	11
	Eastern	15
	Lake	7
	Northern	16
	Southern highlands	15
	Southern	10
	Western	7
BMI	Under weight	3
	Normal	30
	Over weight	22
	Obese	26
Family history of cancer	Yes	11
	No	70
Laterality	Left	34
	Right	42
	Bilateral	5
TNM pathological stage	Stage I	1
	Stage II	9
	Stage III	42
	Stage IV	20
	Unspecified	9
Histological type	Invasive Ductal Carcinoma	70
	Invasive Lobular Carcinoma	5
	Mucinous Carcinoma	1
	Unspecified	5
HER-2 status	Negative	53
	Positive	28
Alcohol consumption	Yes	15
	No	66
Menstrual phase	Post-menopausal	43
	Pre-menopausal	38
Contraceptives use	Yes	34
	No	47
Ever been pregnant	Yes	75
	No	6

SD: standard deviation; BMI: body mass index, given as weight (kg)/height squared (m^2); TNM: tumor node metastasis; HER-2: Human epidermal growth factor receptor-2.

Among these 81 BC patients, none were found to carry either the c.68_69delAG or the c.5266dupC mutation in the *BRCA1*. See Figure 1.

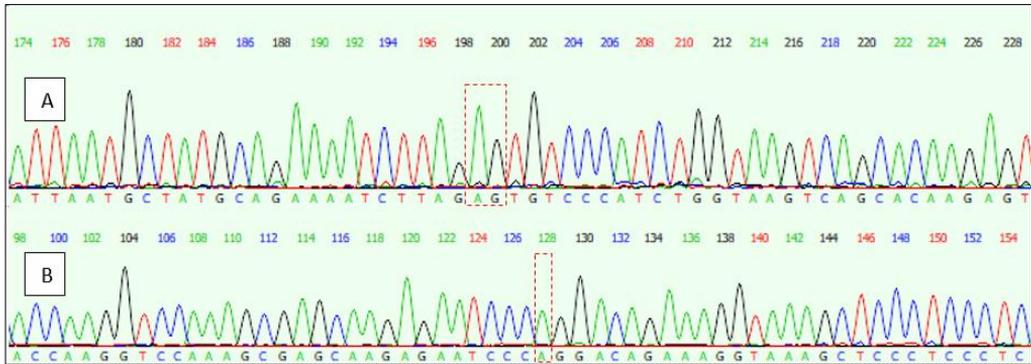


Figure 1: A representative Sanger sequence showing the analysis of *BRCA1* founder mutations. Picture A shows the absence of the c.68_69delAG mutation at positions 199-200 and Picture B shows the absence of the c.5266dupC mutation at position 127.

Discussion

Genetic screening for germline *BRCA1/2* mutations, which its database serves as a cornerstone towards developing a relatively cheaper ethnic-based *BRCA1/2* screening panel, is gaining significant acceptance in clinical settings worldwide. In some developed countries, it has been integrated into the BC investigations and management practices. Guidelines have been developed that give the roadmap of how risk assessment, genetic screening and counseling can be achieved at different levels (Balmana et al. 2011, Huang et al. 2019). However, in most SSA countries, genetic screening still has a long way to be achieved in clinical settings. Limited studies report the prevalence and spectrum of *BRCA1/2* germline mutations in SSA populations. Therefore, the database for *BRCA1/2* germline mutations is still at infant level or does not exist in most countries in SSA.

Sanger sequencing and the Next-Generation Sequencing (NGS) are regarded as the “gold standard” genetic screening technologies in molecular diagnostics of BC and other cancers. Several protocols have been developed and made commercially available to ease genetic testing (Gill et al. 2018). The developed protocols take

advantage of already established *BRCA1/2* mutations databases and the ongoing intense *BRCA1/2* mutations researches across different ethnic groups. However, the results seem to vary between studies. Due to lack of *BRCA1/2* mutation databases, inadequate resources to procure the kits, machines, and limited technical personnel, genetic testing and counseling services are not commonly provided in most of SSA hospitals or oncology centers (Anyigba et al. 2021). In an attempt to understand the first impression of the contribution of the germline *BRCA1* c.68_69delAG (185delAG) and c.5266dupC (5382insC) mutations to alarming BC incidences in Tanzania, we applied Sanger sequencing technology to analyze the c.68_69delAG and the c.5266dupC mutations located within the exon 2 and exon 20 of the *BRCA1*, respectively, in a series of 81 hormone receptor-negative BC patients. The initial genetic screening of the germline *BRCA1* founder mutations before investigating the entire coding regions is considered a time and cost-effective approach in developing ethnic-specific genetic screening guidelines/tools. This is well established in European countries, Brazil, the USA, Asia, and Latin America. Poor-resources countries like Tanzania have to

adopt this approach to understand the contribution of the germline *BRCA1* mutations to alarming BC incidence.

This study is, to the best of our knowledge, the first study to analyze the germline *BRCA1* mutations in hormone receptor-negative BC patients in Tanzania. None of the 81 patients carried either the c.68_69delAG (185delAG) or the c.5266dupC (5382insC) germline mutations. The absence of *BRCA1* germline mutation observed in this study suggests that the c.68_69delAG and the c.5266dupC mutations are not present or might be present at extremely low frequencies among indigenous Tanzanian BC patients. Our findings relate with previous findings from Eastern Iran that reported the absence of these mutations; where other mutations in exons 11, 13, and 16 were detected in a series of 88 patients (Khalili-Tanha et al. 2019). Similarly, a study from north-central Poland reported that the c.68_69delAG mutation was rare in their population, detected only in one out of 252 BC patients screened. Consequently, Hartwig et al. (2013) recommended that the c.68_69delAG mutation should not be part of the primary *BRCA1* screening test in the population of north-central Poland.

Contrary to our findings, a study from Northern African country, Egypt, reported an appreciable frequency of the c.68_69delAG and the c.5266dupC mutations in their study cohort comprised of three groups: the BC patients, their first-degree relatives, and a control group. Both mutations were observed in all the three groups, with the c.5266dupC mutation being distributed almost equally between the BC patients and a control group. This distribution eventually led to the speculations that only the c.68_69delAG mutation contributed to the BC incidence among Egyptian women (Abou-El-Naga et al. 2018). Also, a study in another Northern African country, Morocco, reported for the first time the presence of the c.68_69delAG mutation in females of two families (Zahra et al. 2011). These two studies provide evidence of the presence of the c.68_69delAG and the c.5266dupC mutations in the African population and might contribute appreciably

to the BC incidence in North Africa. The detection of the *BRCA1* c.68_69delAG and the c.5266dupC mutations in both cohorts can be explained by shared ancestry with the European and Middle East people (where these mutations have founder effect) because of a high possibility of migration of people to Morocco and Egypt. Therefore, we do speculate the existence of genetic flow between Northern African and European or Middle East people.

A case-control study in Uzbekistan involving 67 BC patients with bilateral tumors, triple-negativity, family history of cancer, or early onset of the disease revealed the absence of the c.68_69delAG mutation in their analysis. Furthermore, this mutation was not detected in any of their 103 cancer-free control group. On the other hand, the same study reported a noticeable presence of the c.5266dupC mutation among 3(4.5%) patients and none in the control group. The authors concluded that the c.5266dupC mutation had a substantial contribution to BC incidences in Uzbek population. Hence, the c.5266dupC mutation was postulated to have the founder effect in their population (Abdikhakimov et al. 2016) similar to other European countries (Burcoş et al. 2013, Hartwig et al. 2013) and Southern American country, Brazil (Ewald et al. 2011).

There are several studies that analyzed the contributions of the c.68_69delAG mutation to BC incidences in different SSA populations. A preliminary study in Burkina Faso involving 15 unrelated patients with hereditary BC revealed the absence of this mutation (Zoure et al. 2018). Similar results were observed in an earlier study of 206 black women with BC from South Africa (Yawitch et al. 2000). Furthermore, Francies et al. (2015) using NGS technology, reported that none of the triple-negative/premenopausal black women BC patients in South Africa had the c.68_69delAG mutation, rather other mutations were detected in their analyses. On the other hand, a study in the same country by Reeves et al. (2004) detected a frequency of 4.4% of the c.68_69delAG mutation in patients of white/Ashkenazi Jewish ethnic background.

The germline *BRCA1* c.68_69delAG and c.5266dupC mutations are widely detected in many countries and considered as founder mutations in some sub-populations apart from the Ashkenazi ethnicity. The incidence varies considerably among ethnicities and the nature of study design (Tikhomirova et al. 2005, Hartwig et al. 2013, Pogoda et al. 2020, Gorodetska et al. 2021). A study involving Polish and Australian triple-negative BC patients indicated that c.68_69delAG and the c.5266dupC mutations contribute to BC incidences in their populations (Wong-Brown et al. 2015). Elsewhere in Asia, Chakraborty et al. (2013) reported a noticeable presence of c.5266dupC mutation with an incidence of 7.6% among the triple-negative BC patients. Chakraborty et al. (2013) recommended that genetic testing for this mutation in BC patients in their population is of great value.

The minority (13.6%) of the patients analyzed for the c.68_69delAG and the c.5266dupC mutations in this study reported a family history of cancer. We could not confirm cancer history information given by patients, and in some cases this information may not be reliable, because cancers including BC seem to be new diseases to many indigenous Africans, especially those in rural areas. Reports show that a substantial number of women in SSA rural settings die with BC and other cancers undiagnosed, thus, cancer death rates statistics may not be realistic (Anyigba et al. 2021). In the current series, Invasive ductal carcinoma of no specific type (IDC-NST) was the most prevalent (86.4%) histological type of breast tumors. These results relate with previous Tanzanian studies (Burson et al. 2010, Mwakigonja et al. 2017, Mansouri et al. 2019) and other East African studies (Galukande et al. 2014, Uyisenga et al. 2020).

In this series, we observed a massive number of women diagnosed of the disease at early age, with average age \pm SD of 47.05 \pm 12.82 years at BC diagnosis, and majority of them were at advanced stages (stages III and IV). These observations relate to the previous report of Mwakigonja et al. (2017) and slightly different to that of Mansouri et al. (2019). Taking together all these

observations, there is an urgent need of increasing BC awareness campaigns at multiple occasions especially in rural settings of Tanzania.

A limitation of this study is that it focused on investigating the contribution of only germline *BRCA1* c.68_69delAG and the c.5266dupC mutations to BC incidence among indigenous BC patients in Tanzania. The targeted Sanger sequencing approach used precluded the ability to detect other germline mutations in other exons of *BRCA1* and in other BC susceptibility genes such as *BRCA2*, *CHEK2*, and *TP53* which are reported to play significant roles in BC predisposition in indigenous Africans (Uyisenga et al. 2020). The cross-sectional nature of study and the relatively small sample size of 81 BC patients calls for a larger cohort studies in the future.

Conclusion

The results of this study pertain only to the germline *BRCA1* c.68_69delAG (185delAG) and c.5266dupC (5382insC) mutations in hormone receptor-negative BC patients. Nonetheless, the c.68_69delAG and the c.5266dupC mutations in *BRCA1* do not contribute to BC incidence among indigenous Tanzanians and perhaps other indigenous African populations in SSA. Therefore, the germline *BRCA1* mutations analyzed in this study have no role in BC manifestation in hormone receptor-negative BC patients in Tanzania, suggesting that screening patients with BC for these mutations could be of no clinical relevance.

Our cohort was relatively younger at BC diagnosis, suggestive of carrying pathogenic mutations in BC susceptibility genes. Therefore, these findings suggest that breast tumors in hormone receptor-negative patients may be attributed to other germline mutations in *BRCA1* or other germline mutations in genes such as *BRCA2*, *CHEK2*, *PALB2*, *STK11*, *ATM*, and *TP53*, or non-genetic factors. A larger study to analyze the complete coding regions of *BRCA1* and other BC susceptibility genes for short-range mutations (single-nucleotide variation, insertions/duplication or deletions), and large-

genomic rearrangements to unravel the causes of increasing BC incidence in the Tanzanian population is recommended.

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Conflict of Interest: None declared.

Ethical clearance and consent to participate

The study was approved by the Institutional Review Board of Ocean Road Cancer Institute (reference number 10/Vol/XX/16), and Tanzania National Institute for Medical Research (NIMR) (reference number NIMR/HQ/R.8a/Vol.IX/3255). Also, all participants provided informed consent.

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